



North Somercotes Church of England Primary School

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Coronavirus (COVID-19): symptoms, testing and self-isolation advice to parents

Dear Parent/Carer

I am writing to inform you about the latest advice regarding the symptoms of coronavirus (COVID-19), self-isolation and testing protocol. It is important that all members of our school community are aware of what to look out for, how to keep themselves and others safe, and know when to get tested.

We strongly advise that you retain this letter for future reference. Should you have any concerns or queries regarding the following information, please contact the school.

In line with Government guidance our current protocols are as follows:

- If your child presents with loss of taste or smell, new or continuous cough or temperature, you must organise a test for the child and the rest of your household should self-isolate until the results of the test are known. If the result is negative, then the whole family can return to school/work. If the result is positive, then the child must self-isolate for 10 days and the rest of the household 10 days, from the date that the child became symptomatic.
- If a member of your household presents with symptoms, then your child and all other household members should self-isolate pending the results of the household member's test and then act accordingly (see above).
- If your child has a temperature please arrange a test. If the result is negative your child may return to school once the temperature has returned to normal (high temperature reading is from 37.8 or greater). All members of your household should self-isolate until the results of the test are known.
- If your child has a cough...
"and is coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than normal)" - NHS Coronavirus symptoms definition
...that meets this criteria, then your child must have a test and the other members of your household must self-isolate pending the results of the test and then act accordingly (see above). If other members of your household become symptomatic with this level of cough, then the rest of your household must self-isolate.
- If your child experiences a loss of taste or smell...
"this means your child cannot taste or smell anything, or things smell or taste different to normal" - NHS definition
...which meets this criteria, then your child must have a test and other members of your household must self-isolate pending the results of the test and then act accordingly (see above).
- **If your child has a cold without a temperature, and is fine in themselves, then they can continue to come to school if they are well enough to attend. This is a parental decision.**
- If your child's test result is negative, but they are still unwell, please continue to keep them off school as you would normally.

The following websites may be useful:

- Booking a test <https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name>
- How to test your child for coronavirus at home <https://www.youtube.com/watch?v=Xaw8DsF2Igc&safe=active>
- Priority Mail Boxes <https://www.royalmail.com/services-near-you#/>

If in any doubt, please call the school office for further advice. Should our protocols change due to government guidance, we will contact you again.

Yours sincerely,
Paul Floyd
Headteacher



Attendance = Achievement

