

## **Year 4**

### **How Humans Work**

#### **The Big Idea**

Your body is like an engine that never stops working. By knowing how your body works you can learn to look after it better and stay healthy.

In Science, we'll be finding out:

- That we need light in order to see
- How human teeth compare to animal teeth
- How our body uses food and water
- How our heart works to keep us alive
- All about skeletons and muscles
- About the human life cycle
- Why exercise is good for us
- How tobacco and alcohol harm the body
- Which foods keep us healthy and why

In Technology, we'll be finding out:

- How to plan and prepare a healthy meal

In International, we'll be finding out:

- About people's health problems
- If we can improve the health of the world's children