

Brainwave

The Big Idea:

Every day we are learning lots of new and different things – gaining the knowledge, skills and understanding that we will need to become successful adults. By finding out more about how we learn, and how we can improve our learning, we will be better equipped for meeting the many challenges ahead of us.

In Science, we'll be finding out:

- About different methods of teaching and how we like to learn
- About some of the different areas of the brain
- How information gets into the brain
- How relaxation can help prepare us for learning
- How we can improve our memory
- How positive thinking can help us to succeed
- How we can support each other to achieve our goals
- How we can become more active global citizens

